

EVERWIN MATRIC. HR. SEC. SCHOOL

20.07.2019

CHILLAX 2019 - EXPO PHOTOS STD: XI & XII





Snake Pendulum

THE GREATEST WEAPON AGAINST STRESS IS OUR ABILITY TO CHOOSE ONE THOUGHT OVER ANOTHER

Give Your Stress Wings & let it fly!!

God Will Never Give You Anything You Can't Handle Don't Stress

TYPES OF GOOD STRESS
There are five different types of good stress
→ Travel
→ Friendly relationship with neighbours
→ Graded exposure to things you like
→ Change (Adaptability)
→ Being a Beginner

Spending time with friends in large number

TO SMASH YOUR STRESS

WHITE



Vivo V11Pro
AI Dual Camera